



How has the pandemic changed my perception of the world?

Family meetings, gyms, cinemas, restaurants - we all remember how it all was before. The COVID-19 pandemic has completely changed our lives. Not only in this way, but also our experience of space: nowadays, it is completely different. The mobility has become severely restricted - we had to reduce our walks, our physical activities, all of it. Fortunately, the restrictions are loosened now but still we have to be careful of what we are doing and where are we going. We are all stuck in the present we can't really plan ahead. What we also don't know is when we are going to see our further family or friends or when we can go on holiday again.

What are we doing in these hard times?

I think we became more creative in terms of spending our free time, because of the limited ways of doing it. I personally love sport and everything connected to it, I just can't stand doing nothing. I used to train hard in the gym, swimming pool and bike. I was also preparing to triathlon which I don't think will happen. What did I manage to do? Well I bought some resistance bands and I am trying to come up with ideas how to use them in order to recreate some gym exercises. Some of my friends started recording short films and some of them started playing instruments they never could before!

Not only good things...

There also many bad things happened. Beside of many infected people and lots of death cases, economy of the world is collapsing. Lots of small and giants of the entertainment, travel and other industries have fallen because of consumer shortage and lack of money to keep the company and employees. The unemployment rate is increasing, which is bad.

Bringing back the past

It's been a few months since it all started but many experts have good predictions. I am sure that we all want to get rid of this, but I don't think it will be easy. Poland, like many countries, started to defrost the economy and loosen restrictions such as wearing face masks outside and customer limits in shops.

What I learned?

Well, I learned a lot of things because of the current situation. The first thing is that we should live the present and try not to make big plans ahead. Of course, many of us like to have everything planned, but as we can see it not always good. I was going to go to London for my 18th birthday, but well it didn't happen. At first, I was quite mad but after a few days I accepted it. We should be grateful to be healthy and appreciate the work of people in stores, health care and order services.

Let's hope that together we will survive it and it will be as before.

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